



CENTRAL SHENANDOAH HEALTH DISTRICT

WEEKLY COVID-19 UPDATE & CLINIC INFORMATION

AUGUST 27, 2021

Check out the upcoming clinics throughout the Central Shenandoah Health District below!

LEXINGTON - ROCKBRIDGE - BUENA VISTA COVID-19 CLINICS

Monday, August 30

- **Raphine Medical Center, 9:00 am - 2:00 pm**
 - Moderna, Pfizer, Johnson & Johnson (Ages 18+)
 - Partner: Raphine Medical Associates

Tuesday, August 31

- **Rockbridge Area Health Center Office, 9:00 am - 3:45 pm**
 - Moderna (Ages 18+)
 - Partner: Rockbridge Area Health Center
 - *Call (540) 464-8700 to schedule an appointment, same-day appointments available*
- **Lexington Health Department, 10:00 am - 6:00 pm**
 - Moderna, Pfizer, Johnson & Johnson (Ages 12+)
 - Partner: Central Shenandoah Health District
- **Raphine Medical Center, 1:00 pm - 5:00 pm**
 - Moderna, Pfizer, Johnson & Johnson (Ages 18+)
 - Partner: Raphine Medical Associates

Wednesday, September 1

- **Raphine Medical Center, 1:00 pm - 5:00 pm**
 - Moderna, Pfizer, Johnson & Johnson (Ages 18+)
 - Partner: Raphine Medical Associate

Thursday, September 2

- **Raphine Medical Center, 1:00 pm - 5:00 pm**
 - Moderna, Pfizer, Johnson & Johnson (Ages 18+)
 - Partner: Raphine Medical Associate

Friday, September 3

- **Raphine Medical Center, 9:00 am - 2:00 pm**
 - Moderna, Pfizer, Johnson & Johnson (Ages 18+).
 - Partner: Raphine Medical Associate

STAUNTON - AUGUSTA - WAYNESBORO COVID-19 CLINICS

Tuesday, August 31

- **Augusta Health Fitness Center, 3:30pm-7:00pm**
 - Pfizer and Johnson & Johnson (Ages 12+)
 - Partner: Augusta Health

Wednesday, September 1

- **Waynesboro Health Department, 2:00pm-6:00pm**
 - Moderna, Pfizer and Johnson & Johnson (Ages 12+)
 - Partner: Central Shenandoah Health District

Thursday, September 2

- **Augusta Health Fitness Center, 3:30pm-7:00pm**
 - Pfizer and Johnson & Johnson (Ages 12+)
 - Partner: Augusta Health

Visit vaccinate.augustahealth.com to make an appointment at Augusta Health.

HARRISONBURG - ROCKINGHAM COUNTY COVID-19 CLINICS

Tuesday, August 31

- **Harrisonburg-Rockingham Health Department, 10:00 am - 6:00 pm**
 - Pfizer and Johnson & Johnson (Ages 12+)
 - Partner: Central Shenandoah Health District

Wednesday, September 1

- **Harrisonburg-Rockingham Health Department, 10:00 am - 2:00 pm**
 - Moderna, Pfizer and Johnson & Johnson (Ages 12+)
 - Partner: Central Shenandoah Health District

Thursday, September 2

- **HCHC - Elkton, 9:00am-12:00pm**
 - Johnson & Johnson (Ages 18+)
 - Partner: Healthy Communities Health Centers
- **Harrisonburg-Rockingham Health Department, 4:00 pm - 6:00 pm**
 - Moderna, Pfizer and Johnson & Johnson (Ages 12+)
 - Partner: Central Shenandoah Health District

Friday, September 3

- **HCHC - Stoneport, 12:00 pm - 5:00 pm**
 - Moderna (Ages 18+)
 - Partner: Healthy Communities Health Centers

**Skip the line at the health department clinics by registering advance at vaccineappointments.virginia.gov!
Walk-ins are welcome.**

If you are looking for a clinic in another area, please visit vaccines.gov and use your zip code to find appointments at local pharmacies and healthcare providers. These appointments are available to those ages 12+ who live, work, or go to school in the Central Shenandoah Health District.

If you are having problems making an online appointment, please call your local health department. Please help us reserve the phone lines for those with limited internet access and/or low computer literacy.

We added a new section to our website that includes the vaccine events happening throughout our health district!

These include events hosted by the Central Shenandoah Health District and other vaccine partners. The clinics are separated by region and are subject to changes.

[Click here to view the calendar!](#)

STATEMENT REGARDING THIRD DOSES OF COVID-19 VACCINE

Central Shenandoah Health District has started providing 3rd dose mRNA shots (**Pfizer and Moderna**) for immunocompromised persons immediately. CSHD currently offers 3rd dose mRNA COVID-19 vaccine shots at all mRNA COVID-19 vaccine clinics. Eligible persons can schedule their 3rd dose mRNA shots with the Central Shenandoah Health District by going to vaccineappointments.virginia.gov. Walk-in appointments are available at some clinics as well. Appointments are preferred. CSHD expects to be able to meet the local demand for 3rd dose mRNA shots for eligible persons. At this time, additional doses of Johnson & Johnson OR a dose of an mRNA vaccine is **not recommended** individuals who received the one-shot Johnson & Johnson vaccine.

What is the difference between a "third dose" and a "booster"?

COVID-19 Vaccine 3rd Dose

- Purpose: To improve immunocompromised people's immune response to the 1st and 2nd doses; a 3rd dose is now recommended as part of the COVID-19 vaccine series for people who are immunocompromised. A 3rd dose is helpful for people who are immunocompromised because their initial immune response to the 1st and 2nd doses may not have provided them with strong enough protection like it did for people who are not immunocompromised.
- Who: Immunocompromised People
- When: At least 28 days (or later) after the 2nd dose.
- Availability: CSHD is currently providing 3rd dose vaccine appointments to the people who are immunocompromised and were vaccinated with an mRNA vaccine (Moderna or Pfizer).

COVID-19 Vaccine Booster Shot

- Purpose: To boost the immunity of people who are not immunocompromised as the strong protection developed from the 1st and 2nd doses decreases over time.
- Who: General Public
- When: To be determined
- Availability: CSHD is waiting for further guidance on when to offer booster shots to the general public and who in the general public booster shots will be recommended for.
- **NOTE - The FDA and CDC are still in the process of reviewing available information and making final decisions about the booster shot. Some of the booster shot information may be adjusted after final decisions are shared.**

WHAT'S NEW THIS WEEK

FDA APPROVAL OF PFIZER VACCINE

The FDA has fully approved the Pfizer COVID-19 vaccine!

Full FDA approval means additional safety testing, the review of hundreds of thousands of pages of research, and allows the vaccine to be distributed after the public health emergency ends. It's the most thorough approval a vaccine can receive.

The vaccines are safe and highly effective at protecting you from COVID-19. And while the Delta variant is causing case rates to go up across the country, nearly all of those being hospitalized and dying have not gotten vaccinated.

Approval reaffirms evidence showing that the COVID-19 vaccines are safe and saving lives

Nearly every person who is now hospitalized or dying due to COVID-19 is someone who has not yet been fully


What's the Difference between FDA's Emergency Use Authorization of a Vaccine and its Full Approval

08/2021


vaccinated.

It's time to get vaccinated against COVID-19. Go to vaccinesappointments.virginia.gov to schedule an appointment near you.

There are three COVID-19 vaccines currently available in the United States. The U.S. Food and Drug Administration (FDA) first made these vaccines available to the public through an Emergency Use Authorization (EUA). The FDA has recently granted full approval of the first COVID-19 vaccine, which will be called Comirnaty (previously known as the Pfizer-BioNTech vaccine), for persons aged 16 years and older. The vaccine is still available under an EUA to those aged 12 to 15 years and for the administration of a third dose for certain immunocompromised people. The table below explains the main differences between an **FDA-authorized vaccine** and an **FDA-approved vaccine**.

	Emergency Use Authorization "FDA-authorized vaccine"	Full Approval "FDA-approved vaccine"
 Randomized clinical trials to study vaccine safety and effectiveness	✓	✓
Time required to monitor all clinical trial participants	Shorter time (average of 2 months)	Longer time (4-6 months)
Amount of data needed for FDA review	Less data	Much more data, including detailed information about manufacturing procedures
Rules on how and when to use the vaccine	More rules <ul style="list-style-type: none"> Can only be used during a public health emergency Must be distributed through government agencies (like CDC) Must be used exactly as directed For COVID-19 vaccines, providers must follow CDC's COVID-19 Vaccination Program requirements and recommendations 	Fewer rules <ul style="list-style-type: none"> Can be used at any time Should be used responsibly, but allows for flexibility of use ("off-label") For COVID-19 vaccines, providers must follow CDC's COVID-19 Vaccination Program requirements; off-label use is not recommended
Continued monitoring of vaccine safety and effectiveness in the real world after FDA's decision	✓	✓

Find your FREE COVID-19 vaccine at Vaccinate.Virginia.gov or call 877-VAX-IN-VA (877-829-4682).

 **VDH** VIRGINIA DEPARTMENT OF HEALTH

DON'T TAKE THE RISK - TAKE THE TEST



COVID-19 ISN'T TAKING TIME OFF.

If you're feeling sick, take a COVID-19 test.

TEST

KNOW

GO

Repeat.

Learn more at vdh.virginia.gov/covid19testing

VDH VIRGINIA DEPARTMENT OF HEALTH

The Virginia Department of Health (VDH) cares about you and your family's health.

VDH strongly recommends COVID-19 testing for the following people:

- People with symptoms or signs of COVID-19 regardless of vaccination status
- Most people who have had close contact with someone known or suspected to have COVID-19
 - Fully vaccinated people should be tested 3-5 days following a known exposure to someone with suspected or confirmed COVID-19, even if you don't have symptoms.
 - People who are not fully vaccinated should be tested immediately after an exposure and again at 5-7 days following exposure if the first test is negative
 - People who tested positive for COVID-19 within the past 3 months and recovered, do not need to get tested after exposure as long as they do not have symptoms.
- People who participate in activities that are higher risk for COVID-19 exposure (e.g. travel, attending large events where social distancing is not possible, or being in crowded indoor settings)
- People who have been referred for COVID-19 testing by their healthcare provider or the state/local health department.
- People who plan to travel or who have recently returned from travel with some exceptions for fully

vaccinated people

- People who are not fully vaccinated and who plan to visit people at high risk of developing severe COVID-19
- **People without symptoms of COVID-19 who have no known exposures to COVID-19 but wish to help public health officials understand how many people are infected (surveillance testing) may also be considered for testing**

Note: Fully vaccinated people with no COVID-19-like symptoms/signs and no known exposure(s) should be excluded from routine screening testing programs, if possible.

Find a testing center near
you

Read the Most Up-To-Date Testing
Guidance

UPDATED MASKING GUIDANCE

Most vaccinated people are protected from the virus. However, [a recent study](#) found that some vaccinated people can still contract the Delta variant in a breakthrough infection, and may be contagious. At this time, community immunity levels are not high enough to contain the spread of the Delta variant. Cases are surging and additional public health mitigation efforts are needed. ***To reduce the risk of being infected with the Delta variant and possibly spreading it to others, everyone (even if you are vaccinated) should wear a mask indoors in public if you are in an area of high transmission.***

Currently, Virginia is at a level of [substantial transmission](#). Cases have increased by 956% since mid-June. Areas of low vaccination coverage are particularly vulnerable to have rapidly increasing cases, and hospitalizations have also been increasing.

Vaccination is the only strategy that will safely bring an end to the pandemic. High vaccination coverage will reduce the spread of the virus and help prevent new variants from emerging. While Delta is causing some "vaccine breakthrough infections," meaning infections in fully vaccinated people, most of these infections are mild. Vaccines are working as they should - they are preventing severe illness, hospitalizations, and death.



COVID-19

Read the latest reports
from *MMWR*

CDC.GOV

bit.ly/MMWR_COVID19

MMWR

The Morbidity and Mortality Weekly Report (MMWR) series is prepared by the Centers for Disease Control and Prevention (CDC).

Often called "the voice of CDC," the MMWR series is the agency's primary vehicle for scientific publication of timely, reliable, authoritative, accurate, objective, and useful public health information and recommendations.

MMWR readership predominantly consists of physicians, nurses, public health practitioners, epidemiologists and other scientists, researchers, educators, and laboratorians.

Read the latest in COVID-19 news from MMWR

NEED A COPY OF YOUR COVID-19 VACCINE RECORD?



Visit the self-serviceportal online: vaccinate.virginia.gov



A self-service portal is now live and accessible via Vaccinate.Virginia.gov to view COVID-19 vaccination records.

Access to the records requires two-factor verification. The record can be saved and printed or downloaded as a PDF.

The vaccination record will only show COVID-19 immunizations, regardless of if the individual has additional vaccinations listed in VIIS. Vaccines administered and not reported in VIIS (e.g., out-of-state vaccinations, vaccinations administered by federal entities not reporting to VIIS) will not reflect in the self-service portal

This portal is not intended to be a "vaccine passport" but serves as a tool to access your COVID-19 vaccination record in the event of a lost original card.

Click here to view your vaccine record!

NOW MORE THAN EVER...
YOUR COMMUNITY NEEDS YOU.
BECOME A VDH COMMUNITY AMBASSADOR!



VDH's Community Ambassador program is an important part of our vaccine outreach efforts! We need your help to keep it going strong. As an Ambassador, you'll help share COVID-19 updates and materials from top experts and sources. We need people like you who can spare a few minutes each week to help keep Virginians safe.

Click here to learn about the Community Ambassador program!

COVID-19 Vaccine Mobile Clinics

We are still planning mobile clinics! CSHD will be offering mobile COVID-19 vaccine clinics in the community in an effort to increase access to COVID-19 vaccines. To succeed in these efforts, we need your help! **If your organization is interested in a COVID-19 vaccine clinic for your community, then we are asking that you complete this request form.** You can also go to <https://redcap.link/32fiylbj>. Our mobile clinics can be walk-up with no registration needed and can be flexible in date and time of clinics. Our clinics can serve anywhere from 20-200 people. This service is free and available to all community members.

For some inspiration, a mobile clinic could be held at:

- a local festival, event, block party, farmers market, etc.

- a church, community center, business
- a food pantry, homeless shelters
- a park or public space

If interested, please complete the form and I will reach back out to you within 3-4 business days. **Please share with other community members that may be interested in this service.** A link to this request form will be available on our website at <https://www.vdh.virginia.gov/central-shenandoah/covid-19-vaccine-information/>.

[Click here to request a COVID-19 vaccine clinic for your community!](#)

Interested in hosting a COVID-19 Vaccine Information Session?

Want to learn more about the different vaccines? How to pre-register? Host a COVID-19 vaccine information session! If your organization would like more information about the COVID-19 vaccine you can schedule an information session with our health education team. Sign up for a session [here](#).

HEALTH EDUCATION NEWS



Electronic cigarettes (e-cigarettes), which go by several different names such as vapes, can contain fewer toxic chemicals than regular cigarettes. However, they are not harmless. Check out this list for harmful and potentially harmful substances that can be found in e-cigarettes:

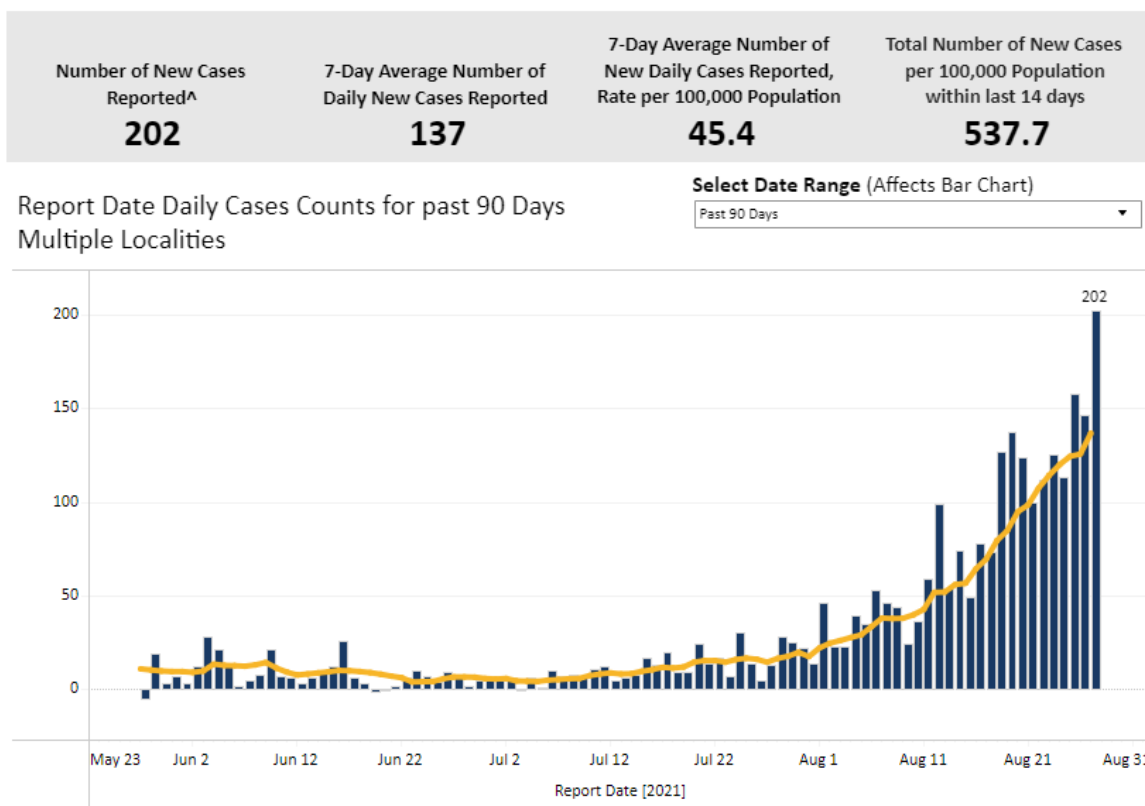
- Nicotine
- Cancer-causing chemicals
- Heavy metals like nickel, tin, and lead
- Flavoring chemicals linked to a serious lung disease

For more information on electronic cigarettes and how they may affect you, visit https://www.cdc.gov/tobacco/basic_information/e-cigarettes/index.htm

CENTRAL SHENANDOAH HEALTH DISTRICT
COVID-19 DATA

District COVID-19 Activity

The chart below illustrates the rate of cases throughout the Central Shenandoah Health District over the last 90 days.



COVID-19 Vaccination Rates

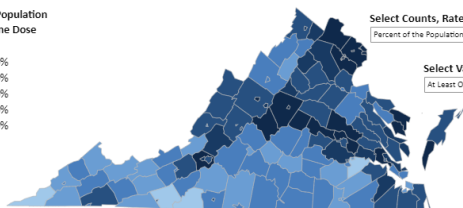
In the Central Shenandoah Health District, vaccination percentages are broken down by locality and city below:

You are considered to be fully vaccinated 2 weeks after your second dose in a 2-dose series or 2 weeks after a single-dose vaccine.

People Vaccinated by Locality of Residence and Vaccination Status - Percent of the Population

Percent of the Population with At Least One Dose

- 35.1% - 40.0%
- 40.1% - 45.0%
- 45.1% - 50.0%
- 50.1% - 55.0%
- 55.1% - 60.0%
- 60.1%+



People Not Mapped : 664,463

Select Counts, Rates, or Percents
Percent of the Population

Select Vaccination Status
At Least One Dose

	Percentage of Population receiving one dose	Percentage of Population fully vaccinated	Percentage of Adults receiving one dose	Percentage of Adults fully vaccinated
Rockingham County	49.2	44.8	59.2	54.1
Harrisonburg City	49.1	44.2	55.2	50.0
Augusta County	51.8	48.0	60.6	56.3
Staunton City	60.5	55.2	70.7	64.9
Waynesboro City	56.3	50.9	69.2	63.1
Rockbridge County	54.2	49.2	62.2	57.1
Lexington City	51.0	46.5	55.7	51.1
Buena Vista City	50.6	45.1	60.7	54.5
Bath County	51.2	45.3	58.7	52.1
Highland County	53.4	50.8	60.5	57.8
Totals:	52.7	48.0	61.3	56.1

For locality COVID-19 vaccine distribution numbers, please visit the [VDH COVID-19 Vaccine Dashboard](#).

COVID-19 DATA BREAKDOWN

As reported to VDH, by date of lab report. May differ from other sources, due to reporting lags. Negative numbers indicate data corrections, since March 2020. More data can be found [here](#).

	7-Day Average Number of Daily New Cases Reported	Total Cases	Total Hospitalizations	Total Deaths
Augusta County	64	7,032	222	87
Bath County	1	291	12	11
Buena Vista City	3	977	29	22
Harrisonburg City	13	6,802	201	95
Highland County	0	125	1	1
Lexington City	6	1,293	30	33
Rockbridge County	6	1,679	60	48
Rockingham County	23	7,438	444	115
Staunton City	11	2,735	92	72
Waynesboro City	9	2,628	78	39
Totals:	136	31,000	1169	523

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here!

The PDF version of this newsletter can be found on our [website](#).

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FOR MORE INFORMATION ABOUT COVID-19, VISIT:

<https://www.vdh.virginia.gov/coronavirus/covid-19-in-virginia/>

